Supplement Facts

Amount Per Tablet

Serving Size: 1/2 Tablet (2-3 years of age); 1 Tablet (4 years of age & older)

100 TABLETS

%DV*  %DV**

Vitamin A (as Acetate & Beta Carotene) 3,000 I.U. 60% 60%
Vitamin C (as Sodium Ascorbate) 60 mg. 75% 100%
Vitamin D-3 (as Cholecalciferol) 600 I.U. 75% 150%
Vitamin E 30 I.U. 150% 100%
(Vitamin B-1 (as Thiamine Mononitrate) 1.5 mg. 107% 100%
Vitamin B-2 (Riboflavin) 1.7 mg. 106% 100%
Niacinamide (Vitamin B-3) 15 mg. 83% 75%
Vitamin B-6 (as Pyridoxine HCl) 2 mg. 143% 100%
Folic Acid 0.4 mg. 100% 100%
Vitamin B-12 (as Cyanocobalamin) 6 mcg. 100% 100%
Biotin 40 mcg. 13% 13%
Pantothenic Acid (as Calcium Pantothenate) 10 mg. 100% 100%
Calcium (as Calcium Carbonate) 100 mg. 6% 10%
Iron (as Ferrous Fumarate) 18 mg. 90% 100%
Iodine (as Potassium Iodide) 150 mcg. 107% 100%
Zinc (as Zinc Oxide) 12 mg. 75% 80%
Copper (as Cupric Oxide) 2 mg. 100% 100%
Sodium (as Sodium Ascorbate) 10 mg. 1% 1%

*%Daily Value (DV) for Children 2-3 years of age (½ tablet).
**%Daily Value (DV) for Adults and Children 4 or more years of age (1 tablet).
+% Daily Value (DV) not established.

Other Ingredients: Sorbitol, Sugar, Gelatin, Citric Acid, Maltodextrin, Stearic Acid, Cherry Flavor, Orange Flavor, Grape Flavor, Silica, Starch, Maltodextrin, Magnesium Stearate, Dicalcium Phosphate, Microcrystalline Cellulose, FD&C Red No. 40 Lake, FD&C Yellow No. 6 Lake, Saccharin, Gallium Ascorbate, FD&C Blue No. 2 Lake, Glycerin, Tocoherol, Sorbitol, Ammonium Bicarbonate, Stearic Acid, Tocopherols, Sucralose, Sodium Benzoate, Stearic Acid, Triglycerides, Tocopherols, Sodium Benzoate, Sorbic Acid, Tricalcium Phosphate, Ascorbyl Palmitate and BHT. Cherry Flavor contains: Modified Corn Starch and Silica. Grape Flavor contains: Maltodextrin, Modified Corn Starch and Silica. Orange Flavor contains: Maltodextrin, Lactose, Natural Flavoring, Modified Corn Starch and Sugar.

Directions: Adults and children 4 years of age and older, chew one (1) tablet daily, preferably with a meal. For children, 2-3 years of age, chew one-half (½) tablet daily. As a reminder, discuss the supplements and medications you take with your health care providers.

Warning: If you are pregnant, nursing, taking any medications or planning any medical procedure, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. This product is intended for use by children under adult supervision.

Compare to active ingredients in Flintstones® Complete‡

Keep out of the reach of children. Store in a dry place and avoid excessive heat. Tamper resistant: do not use if seal under cap is broken or missing.

‡This product is not manufactured or distributed by Bayer, owner of the registered trademark Flintstones™ Complete.